



School District of Kettle Moraine  
563 A.J. Allen Circle, Wales, WI 53183  
Phone: 262-968-6300 | www.kmsd.edu



## SIGN UP FOR COURSES NOW!

Visit [www.kmsd.edu/communityed](http://www.kmsd.edu/communityed) for the most up-to-date course offerings.

Find us on Facebook!  
[facebook.com/kmcommunityed](https://www.facebook.com/kmcommunityed)



## ONLINE REGISTRATION IS NOW AVAILABLE for Community Education programs!\*

- 1 Visit [www.kmsd.edu/communityed](http://www.kmsd.edu/communityed) to view the listing of current programs.
- 2 Programs are broken out by Youth, Adult and the Village of Hartland Partnership. Once you click on the category, you will see all courses in the left navigation. Once you have clicked on a course (ex. Bricks4Kidz), click on the desired class in the first column to register.
- 3 An account needs to be created using a Parent/Guardian name the first time you register. You will then be prompted to provide the class participant's name.

\*If online registration is not offered for a class, it will be noted within the description.

## VILLAGE OF HARTLAND PARTNERSHIP



The following courses are offered as a co-op with the Village of Hartland Park and Rec Department. Classes are held at North Shore Middle School, 800 E. North Shore Drive, Hartland unless otherwise noted.

### \*\*NEW CLASS\*\* ALIGNMENT YOGA FOR ALL LEVELS

This class emphasizes a mindful approach to yoga. We will begin by getting grounded and in touch with our bodies, and do postures to increase strength and flexibility, improve balance, promote stability and improve overall well being. Core strengthening moves will be incorporated into each class, and basic yoga breathing exercises will be taught to enhance mental clarity and a sense of calm. Appropriate for beginners or those who have experience – modifications are given to varying levels. All ages and body types welcome. Taught by Kerry Duma, RYT-500.

#### SESSIONS:

Mon., Session 1, Jan. 14–Feb. 18, 5:30–6:30 p.m.  
Mon., Session 2, Feb. 25–Apr. 8, 5:30–6:30 p.m. – no class 3/18  
Wed., Session 1 Jan. 16–Feb.20 6–7p.m.  
Wed., Session 2, Feb. 27–April 10 6–7 p.m.

**LOCATION:** Delafield Fish Hatchery Building, 417 Main St., Delafield  
**FEE:** \$60

### OLD FAMILY PHOTOS

Working on your old family photo prints and slides is a perfect Cabin Fever project. This two-hour seminar covers your options for scanning photo prints and slides into digital picture files—whether you have a computer or not. Topics include creating a workflow, how to scan, how to get and stay organized and how to back up your pictures onto other storage devices.

**SESSIONS:** 1 **FEE:** \$19 **TIME:** 6:30–8:30 p.m.  
**START DATE:** 2/4/19 **DAY:** M

### YOU HAVE PICTURES, NOW WHAT?

We have hundreds if not thousands of pictures in our cameras, smartphones and computers. Now what? This two-hour seminar teaches techniques to save pictures from cameras and smartphones to your computer, to external devices and to “the cloud”. Class covers how to organize your pictures, viewing pictures from any device, printing options, and how to archive your pictures for the decades to come.

**SESSIONS:** 1 **FEE:** \$19 **TIME:** 6:30–8:30 p.m.  
**START DATE:** 5/15/19 **DAY:** W

### WHAT'S YOUR COLOR SEASON?

Look younger, healthier and more vibrant by knowing your color season! Do you wonder why some outfits make you feel “blah” and others elicit tons of compliments? It's probably the color of the garment. Color can enhance or detract from your natural good looks. A professional color analysis will give you a broad spectrum of “correct” colors to choose from. Each participant will receive a full color analysis by a certified image consultant, a \$350 value. You will also receive a color card for your correct color family.

**SESSIONS:** 1 **FEE:** \$24 **TIME:** 6:30–8:30 p.m.  
**START DATE:** 5/8/19 **DAY:** W



WINTER 2019

## YOUTH COURSES



### CHESS CLASS

**Chess Scholars** - Develop your child's intellect through the royal game of chess! Current research has shown a strong link between chess and academic performance in a variety of areas, including mathematics and language arts. Also, chess has been proven to enhance children's motivation, concentration, focus, social skills, and creativity. Open to grades K–5. **No previous knowledge of chess is necessary.** Each class will consist of a fun, interactive teaching period and guided practice time. Both beginner and experienced participants are welcome and will get to the next level under the guidance of an experienced Chess Scholars coach. There will also be a chess competition with prizes at the end of the session!

**SESSIONS:** 6 **FEE:** \$69 **TIME:** 3:40–4:40 p.m.

### Cushing Elementary

**START DATE:** 2/11/19 **DAY:** M  
**LOCATION:** Basement

### Dousman Elementary

**START DATE:** 2/11/19 **DAY:** M  
**LOCATION:** Stage

### Wales Elementary

**START DATE:** 2/5/19 **DAY:** T  
**LOCATION:** Dragon's Den **NO CLASS:** 3/5

### BRICKS 4 KIDZ

Our classes provide an extraordinary atmosphere for children, where we learn, we build and we play...with LEGO® bricks. Students build a new model each week, designed by B4K engineers and architects, with exciting themes that kids love! We use technic LEGO®'s, teaching students how gears, pins and axels work together to create movement. We have multiple levels of difficulty for each build of the day to accommodate younger or less experienced builders to the older or more seasoned builders. Our models are motorized, designed to give students the skills they will later use

in robotics courses, while developing team-building skills and HAVING FUN!!!

**SESSIONS:** 6 **FEE:** \$85

### Cushing Elementary

**START DATE:** 1/29–3/5/19 **DAY:** T  
**TIME:** 3:40–4:40 p.m. **LOCATION:** Basement

### Dousman Elementary

**START DATE:** 4/23–6/4/19 **DAY:** T  
**NO CLASS:** 5/14 **TIME:** 3:40–4:40 p.m.  
**LOCATION:** Stage

### Wales Elementary

**START DATE:** 3/13–4/24/19 **DAY:** W  
**NO CLASS:** 3/24 **TIME:** 3:40–4:40 p.m.  
**LOCATION:** Dragon's Den

### BEGINNING SIGN LANGUAGE

Sign up if you want to sign! Fun introductory American Sign Language course. Join high school students for 6 weeks as a basic introduction to sign language. Learn alphabet, numbers, weather, conversation and more.

**START DATE:** 1/23/19 **DAY:** W  
**FEE:** Free **TIME:** 3:45–4:30 p.m.  
**LOCATION:** Cushing Activity Center

### CHILDREN'S CHOIR

Kettle Moraine Children's Choir for grades 3–5 is a program to provide developmentally appropriate, comprehensive music education through the art of choral singing to the families and community of the Kettle Moraine School District. Sessions consist of large group vocal rehearsals, small group instrumental rehearsals, and music based games. The key concepts taught will be an integration of Kodaly and Orff principles such as: singing, playing instruments, performing high-quality music, and developing important life skills. Students will sing, play and perform additionally outside of class time. No class 3/25 & 4/22.

**START DATE:** 3/18/19 **DAY:** M  
**SESSIONS:** 8 **FEE:** \$35 **TIME:** 4:30–5:30 p.m.  
**LOCATION:** Wales Elementary Music Room  
**INSTRUCTOR:** R. Cavanaugh

### SUZUKI VIOLIN – COMING 2019

If you are interested in receiving information about Suzuki Violin lessons coming to KM this fall for students ages 3 through 5th grade, please complete the form at [www.kmsd.edu/suzukiinterest](http://www.kmsd.edu/suzukiinterest).

## SAFETY COURSES

### HUNTER SAFETY

Students must be 10 years of age to attend this course. Many states require this certificate for out-of-state hunting for all children and adults. Students under the age of 16 must have an adult parent attend all sessions with the student. The curriculum is now online. You will need to complete online training outside of class. Class time will be used to review, answer questions and have hands-on instruction. There will be a field test scheduled for Saturday, February 2.

**DATES:** 1/28–1/31/19 **SESSIONS:** 4  
**TIME:** 6:30–9 p.m. **FEE:** \$10  
**LOCATION:** Brandybrook Community Center  
**INSTRUCTOR:** A. Novotney

### SNOWMOBILE SAFETY

This course teaches the safe operating techniques of snowmobile vehicles. Students must be 12 years of age. A customer ID number from the DNR is required. The ID number is available online at <https://gowild.wi.gov>. To register for this class, please contact Barb at 262–567-7295.

**DATES:** 1/26/19 & 2/2/19 **SESSIONS:** 2  
**TIME:** 8:30 a.m.–12:30 p.m. **FEE:** \$10  
**LOCATION:** Brandybrook Community Center  
**INSTRUCTOR:** H. Butschke

Find us on Facebook!  
[facebook.com/kmcommunityed](https://www.facebook.com/kmcommunityed)



# COMMUNITY EDUCATION COURSE REGISTRATION FORM

**Sign Up Today!**

## HOW TO REGISTER?

- ONLINE:** Save time by registering and paying online at [www.kmsd.edu/communityed](http://www.kmsd.edu/communityed)
- MAIL:** Complete the form below and mail it to: Community Education, 349 N. Oak Crest Drive, Wales, WI 53183
- DROP-OFF:** Register in-person at the Community Education Office, located at the Laser entrance of Kettle Moraine High School.

### REFUND AND CREDIT POLICY

A refund will be granted to any participant requesting a refund more than one week prior to the start of any class. Refunds or credit will not be given starting one week prior to the class start date since the decision to hold a class is based on the first day enrollments. The fee for any class that the participant will miss during the session will not be prorated. Participants may not attend another program to make up for a missed class.

KMSD Community Education has the right to cancel or combine any class due to insufficient registration. If a class is canceled, a complete refund will be given.

### INCLEMENT WEATHER

Classes canceled due to inclement weather will not be rescheduled or refunded. If KMSD schools are canceled, classes are canceled.

### Please make checks payable to KMSD Community Education:

Community Education, 349 N. Oak Crest Drive, Wales, WI 53183

**Questions?** Contact 262-968-6273 Ext. 4641

Find us on Facebook!  
[facebook.com/kmcommunityed](https://facebook.com/kmcommunityed)

PERSONAL INFORMATION				
LAST NAME	FIRST NAME	MIDDLE (Full)	SUFFIX (Jr., II, III)	
NUMBER, STREET NAME, APT. #				
CITY		STATE	ZIP	
HOME PHONE	WORK PHONE	CELL PHONE	EMAIL	

### COURSE #1

Course Name: \_\_\_\_\_

Course Dates: \_\_\_\_\_

Course Location: \_\_\_\_\_

Course Time: \_\_\_\_\_

Course Fees : \$ \_\_\_\_\_

### COURSE #2

Course Name: \_\_\_\_\_

Course Dates: \_\_\_\_\_

Course Location: \_\_\_\_\_

Course Time: \_\_\_\_\_

Course Fees : \$ \_\_\_\_\_

- YES, class participant can be photographed for publication.
- NO, class participant cannot be photographed for publication.

### SIGNATURE IS REQUIRED

**Signature of Parent/Guardian** \_\_\_\_\_ **Date** \_\_\_\_\_

I hereby agree to indemnify and hold harmless the School District of Kettle Moraine, its board members, employees, officials, officers, agents, or agents' employees from all loss, damages, liability or claims arising out of participation in operations or the transporting of School District of Kettle Moraine students, except to the extent same are caused by the negligence or misconduct of the School District of Kettle Moraine. I also agree to respond to and cooperate with any defense of investigation and claim or alleged claim made against the School District of Kettle Moraine, its board members, employees, officials, officers, agents or agents' employees, arising out of my participation. The School District of Kettle Moraine shall have the right to approve any legal counsel selected to defend the School District of Kettle Moraine in such a claim or alleged claim. The School District of Kettle Moraine does not discriminate on the basis of religion, sex, race, color, national origin, age, ancestry, creed, political affiliation, membership in the National Guard, state defense force or any reserve component of the United States Military or state military forces, pregnancy, marital or parental status, sexual orientation or physical, mental, emotional, or learning disability or handicap or other basis prohibited under state or federal law.

## ADULT COURSES

### AEROBICISE! FOR WOMEN AND MEN

Need that extra push to get started on an exercise program? Make it easy by joining the longest running aerobics class in the Lake Country area. For over 30 years we've been getting this community into shape and making friends at the same time. We've perfected our routines so they work for anyone of any age or fitness level. Work at your own pace with easy to follow steps set to a wide variety of the music you love. You'll get just the right cardiovascular workout followed by floor work that will both tone and stretch all of your muscles. Come a few minutes early and join in our arm weight circle where we strengthen the upper body while catching up with one another. Grab your athletic shoes and floor mat, and make a commitment toward a healthier you! Equipment needed: personal mat for floor work. No class: 2/13, 2/22, 3/13, 3/15, 3/29, 4/3, 4/5, 4/24. Minimum enrollment 12.

**TRY THE FIRST WEEK FREE!**

**SESSIONS:** 22 **FEE:** \$75 **TIME:** 6:30-7:45 p.m.  
**START DATE:** 1/29/19 **DAY:** T/TH  
**LOCATION:** KMMS Old Gym

### ZUMBA

Join us for an exciting 55 minutes of ZUMBA, the ultimate Latin inspired dance party! The ZUMBA experience is based on the philosophy that fitness should be fun and easy to do while joining people together! The class features aerobic interval training with a combination of fast and slow rhythms that will be sure to put a smile on your face and tone your body at the same time!

**SESSIONS:** 15 **FEE:** \$68 **TIME:** 5:30-6:30 p.m.  
**START DATE:** 1/29/19 **DAY:** T/TH  
**LOCATION:** Wales Elementary

### AIKIDO

Aikido is a traditional Japanese martial art derived from Jujitsu, spear training, and sword work. Its focus on peaceful conflict resolution and harmony make it an ideal martial art for people of all ages. Practitioners of aikido should be ready for classes of rolling, defensive techniques, and sword/staff training. Instructor Michael Weber Sensei (4th Degree Black Belt) has been studying Aikido

since 1989, including three years in Shingu, Japan where he studied under 10th Degree Black Belt Michio Hikitsuchi Sensei.

**SESSIONS:** 35 **FEE:** \$138 **TIME:** 6:30-8 p.m.  
**START DATE:** 1/14/19 **DAY:** M/TH  
**LOCATION:** KMHS B39  
**NO CLASS:** 3/25, 3/28, 4/22, 5/20  
**INSTRUCTOR:** M. Weber

### GROUP FITNESS

This class, done in circuit style, uses resistance, body weight and cardio to burn fat and build lean muscle! Class time 45 to 60 minutes. It will be instructor-led and done using High Intensity Interval Training. It will use functional movements combined with resistance to burn fat and build muscle. This class will also typically end with an Ab burner! Heart rate monitors and mats are recommended but not required; easily modified for healthy individuals of all abilities. Nationally Certified Trainer! This course is eight sessions; choose the day of the week that best fits your schedule.

**SESSIONS:** 8 **FEE:** \$64 **TIME:** 6-7 p.m.  
**START DATE:** 1/29/19 **DAY:** T, W, or TH  
**LOCATION:** KMHS Weight Room

### BOOST YOUR BRAIN AND MEMORY

Boost Your Brain and Memory offers a whole person approach to helping individuals learn to live healthier, remember things better, pay closer attention and be more organized. This eight week workshop covers the many areas of daily life that affect brain health including physical activity, emotional health, nutrition, and more. Each session includes well constructed video segments, followed by instructor led group discussions, activities and exercises. This program is offered in cooperation with the Aging and Disability Resource Center of Waukesha County. Enrollment is limited, a reservation is required by calling 262-968-6273 x4641.

**SESSIONS:** 8 **TIME:** 10:30 a.m.-12 p.m.  
**START DATE:** 1/31/19 **DAY:** TH  
**LOCATION:** Brandybrook Community Center

## UPCOMING YOUTH OPPORTUNITIES

Details will be available on [www.kmsd.edu/communityed](http://www.kmsd.edu/communityed) as soon as they are available.

### CO-ED YOUTH VOLLEYBALL LEAGUE

The Community Education Office offers a youth volleyball league for boys and girls in grades 4-8. The league is held Friday evenings at Kettle Moraine High School, March-May. Be sure to visit [www.kmsd.edu/communityed](http://www.kmsd.edu/communityed) for details beginning in January.

### KM LACROSSE CLUB

Registration is open for boys and girls grades 2-8. Seasons begin in March. Online registration takes place at [www.kmlacrosse.com](http://www.kmlacrosse.com). Check it out today for valuable information.

### JR LASER FOOTBALL

Registration for the fall of 2019 youth football program for grades K-8 will begin in February. Information and details will be available online at [www.kettlemorainelaserfootball.com](http://www.kettlemorainelaserfootball.com).

### SUMMER CAMPS 2019

The Community Education Office will be offering a variety of summer camps. Be sure to visit the website at [www.kmsd.edu/communityed](http://www.kmsd.edu/communityed) in early spring for details. Camps include boys' and girls' basketball, football, soccer, volleyball, lacrosse and many more opportunities. Camps are held after Summer Academy hours.

## GOLDEN LASERS

GOLDEN LASER ACTIVITIES – "YOUNG IN SPIRIT, MATURE IN WISDOM"

### Golden Laser Monthly Meetings

All district seniors are invited to participate in the monthly meetings held on the third Friday of the month at 11:15 a.m. A program of general interest follows the lunch.

All meetings are held at the Brandybrook Community Center, which is located at Hwy 18 and Brandybrook Road. Contact the Community Education Office for reservations or further information.

**REGISTRATION IS OPEN...SIGN UP TODAY!**