

KM Parent Resource Network
“Pediatric Brain Development”
Presented by Dr. Brian Fidlin
March 7, 2018

Additional Resources

Websites:

Dr. Brian Fidlin’s presentation on adolescent brain development can be found on You Tube at <https://www.youtube.com/watch?v=w7JnhT3mtDo>

The National Education Association Brain Development Resources

- <http://www.nea.org/tools/16653.htm>
- <http://neatoday.org/2015/08/06/surviving-the-teenage-brain-what-educators-should-know/>

The National Institute of Mental Health (NIMH) at <https://www.nimh.nih.gov/index.shtml> offers a wide array of mental health topics for parents and educators

NIMH You Tube Channel - Development of the Young Brain featuring neuroscientist Dr. Jay Giedd at <https://www.youtube.com/watch?v=Xelvtx6HHLg> or read the article at <https://www.nimh.nih.gov/news/media/2011/giedd.shtml>

U.S. Department of Health and Human Services

- Adolescent Brain Development E-Learning Module (60 minutes to complete) at <https://www.hhs.gov/ash/oah/resources-and-training/online-learning-modules/adolescent-development/index.html>
- Adolescent Development at <https://www.hhs.gov/ash/oah/adolescent-development/index.html>

PBS Frontline Episode “Inside the Teenage Brain” at <https://www.pbs.org/wgbh/pages/frontline/shows/teenbrain/>

Books:

The Teenage Brain: A Neuroscientist's Survival Guide to Raising Adolescents and Young Adults Paperback by Frances E. Jensen (Truly a practical guide for parents & teens!!)

Yes, Your Teen is Crazy! Loving Your Kid Without Losing Your Mind by Michael Bradley

The Available Parent: Radical Optimism for Raising Teens and Tweens by John Duffy

WHY Do They Act That Way?: A Survival Guide to the Adolescent Brain for You and Your Teen by David Walsh