

“Helping Kids Navigate the Digital World Safely 2.0”

Wednesday, March 2, 2016, 6:30-8:00 PM

Cushing Elementary Activity Center

The KM Parent Resource Network would like to extend a big “THANK YOU” to the KM School District Library Media Specialist Team and Lieutenant Bob Hagen of the City of Delafield Police Department for their time and energies to bring us this presentation as well as teaching our kids about digital citizenship in our schools. These resources will help you support and continue this learning through family conversations at home.

Suggested Resources from the KM Library Media Specialist:

**The KM PRN will post their PowerPoint on at www.kmsd.edu/parentresources under the “resources from past events section”. You will be able to click through on the links contained in the PowerPoint to access further resources.

Common Sense Media – www.common Sense Media.org

Family Online Safety Institute – www.fosi.org

Yoursphere for Parents – <http://internet-safety.yoursphere.com>

Netsmartz Workshop – www.netsmartz.org/Parents

OnGuard Online - www.onguardonline.gov

Cyberbalance in a Digital Culture – <http://ikeepSAFE.org/cyberbalance>

Home Monitoring and Time Lining – www.qustodio.com/en

Safe Smart Social – <http://safesmartSocial.com> (Parent App guide and videos, you can also sign up for monthly social media tips)

Suggested Resources from the KM Parent Resource Network:

Cyberbullying Research Center - www.cyberbullying.us – Resources and books including “School Climate 2.0: Preventing Cyberbullying and Sexting One Classroom at a Time” and “Bullying Beyond the Schoolyard: Preventing and Responding to Cyberbullying” second edition by Justin Patchin and Sameer Hinduja

The book “Odd Girl Out” by Rachel Simmons. 2011 Edition

The book “The Drama Years” by Haley Kilpatrick, <http://mygirltalk.org> Great book for navigating middle school!

Books by Rosalind Wiseman including “Masterminds and Wingmen: Helping Our Boys Cope with Schoolyard Power, Locker-Room Tests, Girlfriends, and the New Rules of Boy World”, “Queen Bees and Wannabees: Helping Your Daughter Survive Cliques, Gossip, Boyfriends, and the New Reality of the Girl World”

The new book by Nancy Jo Sales “American Girls, Social Media, and the Secret Lives of Teenagers” – article about the book at <http://nypost.com/2016/02/21/how-social-media-is-destroying-the-lives-of-teen-girls>

CNN Special Report by Anderson Cooper from October 5, 2015, “Being Thirteen: Inside the Secret World of Teens”. View this revealing & eye-opening video at <https://watchkin.com/c435de4d6d>

www.dinnertimeapp.com – parental control to help kids balance screen time and family time, sleep & activities

www.qualitytimeapp.com – helps you discover your cell phone habits & manage your digital diet

www.getblocksapp.com – helps kids manage screen time and prompts them to take breaks from devices

Article “12 Apps Every Parent of Teens Should Know About” - http://www.huffingtonpost.com/entry/the-12-apps-that-every-parent-of-a-teen-should-know-about_us_56c34e49e4b0c3c55052a6ba

Article “9 Social Media Red Flags Parents Should Know About” - <https://www.common Sense Media.org/blog/9-social-media-red-flags-parents-should-know-about>

Net Nanny – www.netnanny.com Internet filter, block porn, time management, social media monitoring, reporting & alerts sent to parents, and more