



2021-22 SCHOOL YEAR COVID GUIDELINES AND FAQs

Definitions:

- **Close Contact:**
 - Were within 6 feet of an infected person for a cumulative total of 15 minutes or more over a 24-hour period.
 - Had direct physical contact with the person (e.g., hug, kiss, handshake) or contact with the person's respiratory secretions (e.g., coughed/sneezed on, contact with dirty tissue, sharing a drinking glass, food or towels or other personal items).
 - Stayed overnight for at least one night in a household with the person
- **Isolation:** Isolation means keeping sick people away from healthy ones. This includes staying home from school. Isolation is 10 days from symptom onset or test date and symptom free for 24 hours.
- **Quarantine:** Quarantine means separating people who were around someone who was sick, just in case they get sick. Usually people who are in quarantine stay at home and avoid going out or being around other people. It is safest if you quarantine for 14 days after your last exposure. Additional quarantine options are available for 10 or 7 days.
 - If symptoms develop during the 14 day quarantine period, begin isolation and testing is recommended.

What mitigation strategies will KMSD implement for the 21/22 school year:

- As always, students and staff should stay home when sick.
- Facial coverings and vaccines are recommended
- No limit to classroom movements (freedom of movement in classroom, recess, lunch, hallway traffic)
- Visitors and volunteers will be allowed in buildings with a return to fall of 2019 protocols. If visitors have two or more symptoms, they will be asked to leave the school.
- Increased ventilation (2021 practice)
- School close contacts will be informed, but not required to quarantine unless symptoms arise*
- Hand sanitizer will be readily available and recommended
- Reduced use of plexiglass
- Water fountains off, use of water-filling stations only
- Students who report to the Health Room with symptoms of illness will be asked to wear a mask until a determination is made from health room staff assessment of whether a student will go home or stay in school based on guidelines.

Guidelines:

- **Students who have tested positive for COVID-19** will need to be in isolation through 10 days after symptoms begin and 24 hours fever free and improvement of symptoms (or through 10 days after your positive test if you do not have symptoms).
 - IC code will be CPO (Covid Positive). Teacher determines how the student will complete work and will collaborate with the parent.
- **Students/Staff who have symptoms of COVID regardless of vaccination status** will be asked to isolate at home.
 - IC code will be CSU (Covid Like Symptoms). Teacher determines how the student will complete work and will collaborate with the parent. Students will be encouraged to rest as in the past when ILL.
 - Symptoms are considered consistent with COVID-19 when one of the symptoms marked with a (*) or two of the other symptoms are present above baseline for that individual.
Cough* Shortness of breath or difficulty breathing* New loss of taste or smell*
Congestion or runny nose, Fever or chills, Nausea or vomiting, Diarrhea, Headache, Fatigue, Muscle or body aches, Sore throat. *Note: Vomiting, diarrhea, and fever – alone or together – should also exclude a person from school.
 - Students/Staff can return to school sooner than 10 days with a negative PCR test result or alternate diagnosis by provider AND have been symptom free for 24 hours without use of medication, etc.
- **If identified as close contact within school related activities** (classroom, lunch, bus, etc.), a notification will be sent as FYI to classrooms and close contacts. Quarantine is optional, however symptoms should be monitored. Anyone with symptoms will need to follow the guidelines above.
 - IC code will be CQV (COVID Quarantine-Voluntary), if a parent chooses to have student quarantine. Teacher determines how the student will complete work and will collaborate with the parent.
- **If identified as a close contact outside of KMSD-related activity**, quarantine will be required (see below for exception for fully vaccinated).
 - IC code will be CQM (COVID Quarantine-Mandatory). Teacher determines how the student will complete work and will collaborate with the parent/guardian. It is safest if you quarantine for 14 days after your last exposure. No test is required to end quarantine.
 - **Additional Quarantine Options:**
 - Quarantine for 10 days after your last exposure. No test is required to end quarantine. Continue to monitor yourself for symptoms, and it's

recommended to wear a mask, and physical distance for the full 14 days from last exposure.

- Quarantine, test on day 6 or 7 after last exposure. Return to normal activities on day 8 with proof of a negative test. Continue to monitor yourself for symptoms, and it's recommended to wear a mask, and physical distance for the full 14 days from last exposure.
 - If symptoms develop during the 14 day quarantine period, begin isolation and testing recommended.
- **If students/staff have been fully vaccinated against COVID-19**, meaning it has been at least two weeks since you received your last dose in the vaccine series, and were in close contact with someone with COVID-19 (in or out of school), you do not have to quarantine.

Recommendations:

- Get tested 3-5 days after close contact with someone with COVID-19, even if you don't have symptoms.
- Wear a mask in public indoor spaces for 14 days after exposure or until you receive a negative COVID-19 test result.
- Monitor for symptoms for 14 days after your last close contact. Isolate at home if you develop symptoms or test positive for COVID-19

IMPORTANT LINKS

[WIAA recommendations](#)

[At-Home Screening Tool](#)

[What Does it Mean? DHS Definitions](#)

[COVID-19 Guidance for Parents and Guardians \(DHS\)](#)

[Summit Lab Testing Paperwork](#)

[KMSD Health Services Web Pages](#)